





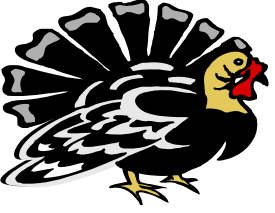


NOVEMBER 2009 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ravioli Casserole Green Salad w/Dressing Carrot Coins Roll Chilled Pineapple Variety of Milk	3 Chicken on Bun Lettuce/Tomato Oven Fries w/Catsup Mixed Vegetables Fresh Baked Cookie Variety of Milk	4 Beef Enchiladas Tossed Salad w/Dressing Pinto Beans Chilled Peaches Nacho Rounds w/Salsa Variety of Milk	5 Oven Fried Chicken Rice w/Gravy Turnip Greens Black-eyed Peas Cornbread Chocolate Pudding Variety of Milk	6 Fish w/Cheese on Bun Ranch Style Beans Raw Vegetable Salad Chilled Mixed Fruit Variety of Milk
9 King Ranch Chicken W. K. Corn Green Beans Roll Chilled Apricots Variety of Milk	10 Meatloaf Whipped Potatoes w/Gravy Mixed Vegetables Cornbread Chilled Peaches Variety of Milk	11 Shaved Turkey on Bun Lettuce/Tomato Oven Fries w/Catsup Apple Wedges Variety of Milk	12 Barbecue on Bun Au Gratin Potatoes Raw Vegetable Salad Red Grapes Fresh Baked Cookie Variety of Milk	13 Fish Strips w/Tartar Sauce Macaroni and Cheese Turnip Greens Cornbread Chilled Mixed Fruit Variety of Milk
16 Honey BBQ Wings Oven Fries w/Catsup Raw Vegetable Salad Garlic Bread Chilled Pears Variety of Milk	17 Chili & Cheese Dorito Pie Capri Blend Vegetables Tossed Salad w/Dressing Chilled Applesauce Variety of Milk	18 Burrito W.K. Corn Garden Salad w/Dressing Chilled Peaches Variety of Milk	19 Roasted Turkey w/Cranberry Sauce Cornbread Dressing w/Giblet Gravy Sweet Potatoes Casserole Green Beans Roll Fruit Salad Variety of Milk	20 Chicken Nuggets Snowflake Potatoes w/Gravy Garden Salad w/Dressing Roll Chilled Pineapple Variety of Milk
23 	24 	25 	26 Thanksgiving 	27 
30 Chicken and Spaghetti Garden Salad w/Dressing Green Beans Chilled Pears Roll Fresh Baked Cookie Variety of Milk			Choice of Entrees Mon.-Nachos w/Cheese Sauce Tues.-Pizza Wed.- Stuffed Baked Potato Thurs.-Hamburger on Bun Fri.-Chicken Nuggets Choose 2 Vegetables or Fruits daily	Daily Choice of Entrees Main Menu Chef Salad Quick Cuisine Sack Lunch Yogurt and Cheese <i>Fresh Fruit offered daily</i>

TEXARKANA INDEPENDENT SCHOOL DISTRICT