

LUNCH 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad	
Pizza	Pizza	Pizza	Pizza	Pizza	
Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	
Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch	
Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	WEEK A
Burrito	Steakfingers	Ham & Cheese on Wheat Bun		Fish & Cheese on Bun	
King Ranch Chicken	Chicken Strip Bowl	BBQ Chicken	Grilled Chicken Breast	Chicken Spaghetti	
W. K. Corn	Snowflake Potatoes w/Gravy	Side Salad w/Dressing	Lasagna	California BlendVegetables	
Side Salad w/Dressing	W. K. Corn	Pinto Beans	Mediterranean Vegetables	Green Peas	
Sugar Cookie	Wheat Roll	Cornbread	Side Salad w/Dressing	Wheat Roll	
Wheat Roll	Sugar Cookie	Chocolate Chip Cookie	Texas Toast	Chocolate Cookie	
Fresh Fruit/Apricots	Fresh Fruit/Applesauce	Fresh Fruit/Pears	Fresh Fruit/Peaches	Fresh Fruit/Pears	
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad	
Pizza	Pizza	Pizza	Pizza	Pizza	
Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	
Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch	
Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	Yogurt/Cheese Stick	WEEK B
Hamburger on Wheat Bun	Chicken Quesadilla w/Salsa		Barbeque on Bun	Ham & Cheese Croissant	
Chili & Cheese Dorito Pie	Italian Spaghetti	Nachos w/Cheese	Oven Fried Chicken	Fish Strips w/Tartar Sauce	
Oven Fries w/Catsup	Green Beans	Beef Enchiladas	Rice w/Gravy	Macaroni and Cheese	
Capri Blend Vegetables	Sliced Carrots	Refried Beans	Spinach	Turnip Greens	
Side Salad w/Dressing	Texas Toast	Broccoli	Wheat Roll	Black-eyed Peas	
Chocolate Chip Cookie	Chocolate Brownie	Cornbread	Fruit Cobbler	Cornbread	
Fresh Fruit/Pineapple	Fresh Fruit/Mixed Fruit	Fresh Fruit/Mixed Fruit	Fresh Fruit/Peaches	Fresh Fruit/Applesauce	
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	
FRESH					
FIBER					
VEGETARIAN					
HEART HEALTHY 					