

# FEBRUARY 2010 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef Steak w/Gravy Au Gratin Potatoes Spinach Roll Chilled Pears Variety of Milk	2 BBQ Glazed Chicken Baked Beans Green Salad w/Dressing Roll Chilled Pineapple Variety of Milk	3 Pork Roast W/Gravy Sweet Potatoes Squash Blend Roll Chilled Mixed Fruit Variety of Milk	4 Ham & Cheese Croissant Tater Tots w/Catsup Capri Vegetables Chilled Applesauce Fresh Baked Cookie Variety of Milk	5 Beefy Chili Mac California Blend Vegetables Green Beans Roll Chilled Apricots Variety of Milk
8 Oven Fried Chicken Rice w/Gravy Turnip Greens Black-eyed Peas Cornbread Cherry Cobbler Variety of Milk	9 Beef Enchiladas Tossed Salad w/Dressing Cheesy Refried Beans Cornbread Chilled Peaches Variety of Milk	10 BBQ Chicken Wings Oven Fries w/Catsup Raw Vegetable Salad Texas Toast Chilled Pears Variety of Milk	11 Fiesta Salad w/Salsa Carrot Coins Roll Fresh Baked Cookie Variety of Milk	12 Fish Strips w/Tarter Sauce Pinto Beans California Blend Vegetables Chilled Mixed Fruit Hushpuppies Jello Jewels Variety of Milk
15 Ham & Macaroni Tossed Salad w/Dressing Green Peas Roll Chilled Pineapple Variety of Milk	16 Beefy Ravioli Green Salad w/Dressing Carrot Coins Roll Chilled Pears Variety of Milk	17 Shaved Turkey on Sub Bun Lettuce/Tomato Oven Fries w/Catsup Apple Wedges Variety of Milk	18 Crispadora w/Salsa Garden Salad w/Dressing Refried Beans W.K. Corn Apple Cobbler Variety of Milk	19 Chili & Cheese Dorito Pie Capri Blend Vegetables Tossed Salad w/Dressing Chilled Peaches Variety of Milk
22 Chicken Tenders Baked Potatoe Half topped w/Cheese Broccoli Roll Chilled Applesauce Variety of Milk	23 Build Your Own Sub Lettuce/Tomato Oven Fries w/Catsup Orange Smiles Chocolate Brownie Variety of Milk	24 Lasagna Green Salad w/Dressing California Blend Vegetables Texas Toast Chilled Pineapple Variety of Milk	25 Chicken Snack Wraps Cheesy Refried Beans Roll Chilled Apricots Variety of Milk	26 Fish Strips w/Tarter Sauce Macaroni and Cheese Turnip Greens Cornbread Chilled Mixed Fruit Variety of Milk
			<b>Choice of Entrees</b> Mon.-Nachos w/Cheese Sauce Tues.-Pizza Wed.- Stuffed Baked Potato Thurs.-Hamburger on Bun Fri.-Chicken Nuggets Choose 2 Vegetables or Fruits daily	<b>Daily Choice of Entrees</b> Main Menu Chef Salad Quick Cuisine Sack Lunch Yogurt and Cheese <i>Fresh Fruit offered daily</i>

## TEXARKANA INDEPENDENT SCHOOL DISTRICT